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**Narrative Report of NSS Special Camp activities 2017-18**

**JSS Medical College, Mysuru**

**National Service Scheme – Annual Special Free Health Checkup Camp**

The JSS Medical College National Services Scheme Unit has organized a special camp at six villages in Pandavpura Taluk from 22<sup>nd</sup> to 28<sup>th</sup> March 2018. The camp was started on 23<sup>rd</sup> March with a formal inauguration programme at Nugghalli village Dr Shivaprakash, Assistant NSS Programme Officer, formally welcomed the dignitaries. Dr Sunil Kumar D, NSS Programme Officer described the aim and objectives of NSS and mentioned the expectations from volunteers in the special camp. Smt. Sunitha Puttannaiah inaugurated the camp by lighting the lamp, in her address; she congratulated JSS Medical College for choosing the underserved village areas and she also stressed upon the importance of timely medical aid by remembering her husband late MLA KS Puttannaiah's death. Dr Narayana Murthy MR. Professor & HOD of Community Medicine enlightened the volunteers & Villagers about the increasing trend of both communicable and non-communicable diseases. Sri S R Satish Chandra, Administrative Officer, JSS Medical College advised the volunteers to use this camp as a learning opportunity by serving the community. Sri Gangadhar, Assistant Administrative Officer, JSS Medical College wished camp all the success. Smt Sakamma, president gram panchayat, Sri Purushotham, PDO and other leaders of village were present on this occasion. Dr Bharath T, proposed vote of thanks.

The free health checkup camps was organized across six villages namely Nugghalli, Chikkamarali, Kanaganamaradi, Chikkabyadrahalli, Agtahalli and Doddabyadarahalli of Pandavpura Taluk, Mandya District,

A total of 1179 patients got the benefits of the free camp. The patients above 40 years were screened for Diabetes, Hypertension and cardiovascular diseases using ECG. They were given treatment on spot with the help of specialists from General Medicine, Pediatrics and Gynaecology. The ones who are in need of advanced care were referred to JSS Hospital, Mysuru. Free Dental Health checkup camp was held on 28<sup>th</sup> of March where 82 people have participated and benefited. Street plays on important issues like Hand Hygiene, alcohol and tobacco ill effects, AIDS prevention under Red Ribbon Club were enacted by the NSS volunteers.

The valedictory programme of the camp was held in Doddabyadarahalli 28<sup>th</sup> of March 2018. Dr Sunil Kumar D. Dr Shivaprakash S, Dr Bharath T, Sri Naveen MR, PDO and Sri Siddaraju, Secretary and others were present on this occasion.













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Sri Shivarathreeshwara Nagar, Mysuru - 570 015, Karnataka, India

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## Programme Outcomes

Day /Date/Time	Name of the programme	Number of beneficiaries	Approximate outcome of the programme
22 <sup>nd</sup> to 28 <sup>th</sup> March 2018	Free Health Checkup Camp Annual Special Camp	12,204	6,10,200
<b>Total</b>		<b>12,204</b>	<b>6,10,200</b>

## Best NSS Unit and Best NSS Program Officer Award

Government of Karnataka, YOUTH EMPOWERMENT AND SPORTS DEPARTMENT NATIONAL SERVICE SCHEME CELL awarded the JSS Medical College, JSS Academy of Higher Education & Research, Mysuru, with the Prestigious National Service Scheme State Award as Best NSS Unit and Best NSS Program Officer for the year 2016-17 in recognition of meritorious services rendered in the field of NSS.

Dr. Basavana Gowdappa H, Principal and Dr. Sunil Kumar D, NSS Program Officer received the awards from Sri Pramod Madhwaraj, Minister of Youth Affairs and Sports, Government of Karnataka at the Gurunanak Bhavan Auditorium, Vasanth Nagar, Bengaluru – 52.







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## ರಾ. ಸೇ. ಯೋ. ರಾಜ್ಯ ಪ್ರಶಸ್ತಿ ವಿಜೇತರ ಕೈಪಿಡಿ

### ಪುರುಷರು - MEN



**ಡಾ. ಸುನೀಲ್ ಕುಮಾರ್ .ಡಿ**  
ರಾ. ಸೇ. ಯೋ ಅಧಿಕಾರಿಗಳು  
ಜಿ.ಎಸ್.ಎಸ್. ಮೆಡಿಕಲ್ ಕಾಲೇಜು, ಮೈಸೂರು,

**Dr. Sunil Kumar . D**  
NSS Programme Officer  
J.S.S. Medical College, Mysore

**ಡಾ. ಬಸವಣ್ಣ ಗೌಡಪ್ಪ .ಹೆಚ್**  
ಪ್ರಾಂಶುಪಾಲರು  
ಜಿ.ಎಸ್.ಎಸ್. ಮೆಡಿಕಲ್ ಕಾಲೇಜು, ಮೈಸೂರು,

**Dr. Basavana Gowdappa H**  
Principal  
J.S.S. Medical College, Mysore



**ಡಾ. ಸಿ. ನಾರಾಯಣಸ್ವಾಮಿ**  
ರಾ. ಸೇ. ಯೋ ಅಧಿಕಾರಿಗಳು  
ಕಾಲೇಜ್ ಆಫ್ ಸೆರಿಕಲ್ಚರ್, ಚಿಂತಾಮಣಿ

**Dr. C. Narayanaswamy**  
NSS Programme Officer  
College of Sericulture, Chintamani

**ಡಾ. ಪಿ. ವೆಂಕಟರಾವಣ**  
ಡೀನ್ (ಸಿರಿ)  
ಕಾಲೇಜ್ ಆಫ್ ಸೆರಿಕಲ್ಚರ್, ಚಿಂತಾಮಣಿ

**Dr. P. Venkataravana**  
Dean (Seri)  
College of Sericulture, Chintamani



**ಶ್ರೀ ಪಾರ್ಥೇಶ .ಕೆ .ಐ**  
ರಾ. ಸೇ. ಯೋ ಅಧಿಕಾರಿಗಳು  
ಶ್ರೀ ಹೆಚ್.ಡಿ.ದೇವೇಗೌಡ ಸರ್ಕಾರಿ ಪ್ರಥಮ ದರ್ಜೆ ಕಾಲೇಜು  
ಪದುವಲಹಿಪ್ಪೆ

**Sri Parthesha**  
NSS Programme Officer  
Sri H.D.Devegowda Govt. First Grade College,  
Paduvalahippe

**ಡಾ. ಜಿ. ಡಿ. ನಾರಾಯಣ**  
ಪ್ರಾಂಶುಪಾಲರು  
ಶ್ರೀ ಹೆಚ್.ಡಿ.ದೇವೇಗೌಡ ಸರ್ಕಾರಿ ಪ್ರಥಮ ದರ್ಜೆ ಕಾಲೇಜು  
ಪದುವಲಹಿಪ್ಪೆ

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**ಶ್ರೀ ಎಂ. ಎನ್. ವನಿತ್ ಕುಮಾರ್**  
ರಾ. ಸೇ. ಯೋ ಅಧಿಕಾರಿಗಳು  
ಕಾವೇರಿ ಡಿಗ್ರಿ ಕಾಲೇಜು, ಗೋಣಿಕೊಪ್ಪಲ್

**Sri M. N. Vanithkumar**  
NSS Programme Officer  
Kaveri Degree College, Gonikoppal

**ಪ್ರೊ. ಪಿ.ಎ.ಪೂವಣ್ಣ**  
ಪ್ರಾಂಶುಪಾಲರು  
ಕಾವೇರಿ ಡಿಗ್ರಿ ಕಾಲೇಜು, ಗೋಣಿಕೊಪ್ಪಲ್

**Prof. P. A. Poovanna**  
Principal  
Kaveri Degree College, Gonikoppal



**ಡಾ. ಮಹೇಶ್ ಪಾಟೀಲ್**  
ರಾ. ಸೇ. ಯೋ ಅಧಿಕಾರಿಗಳು  
ಕೃಷಿ ಕಾಲೇಜು, ಕಲಬುರಗಿ

**Dr. Mahesh Patil**  
NSS Programme Officer  
Agri College, Kalburgi

**ಡಾ. ಜಿ. ಆರ್. ಪಾಟೀಲ್**  
ಪ್ರಾಂಶುಪಾಲರು  
ಕೃಷಿ ಕಾಲೇಜು, ಕಲಬುರಗಿ

**Dr. J. R. Patil**  
Principal  
Agri College, Kalburgi



**ಶ್ರೀ ಜಿ. ರವಿಶಂಕರ್**  
ರಾ. ಸೇ. ಯೋ ಅಧಿಕಾರಿಗಳು  
ಸರ್ಕಾರಿ ಐಟಿಐ, ಮೈಸೂರು

**Sri. G. Ravishankar**  
NSS Programme Officer  
Govt. ITI, Mysore

**ಶ್ರೀ ಕೆ. ಸಿ. ರವಿಶಂಕರ್**  
ಪ್ರಾಂಶುಪಾಲರು  
ಸರ್ಕಾರಿ ಐಟಿಐ, ಮೈಸೂರು

**Sri. K. C. Ravishankar**  
Principal  
Govt. ITI, Mysore



### NSS State Award Manual

## **Bags Best NSS Unit and Best NSS Officer Award**

Mysuru, Mar. 14 - The Government of Karnataka, Youth Empowerment and Sports Department National Service Scheme (NSS) Cell conferred on JSS Medical College, JSS Academy of Higher Education & Research, Mysuru, the prestigious National Service Scheme State Award as Best NSS Unit and Best NSS Programme Officer for the year 2016-17 in recognition of meritorious services rendered in the field of NSS.

Dr. H. Basavana Gowdappa, Principal and Dr. D. Sunil Kumar,

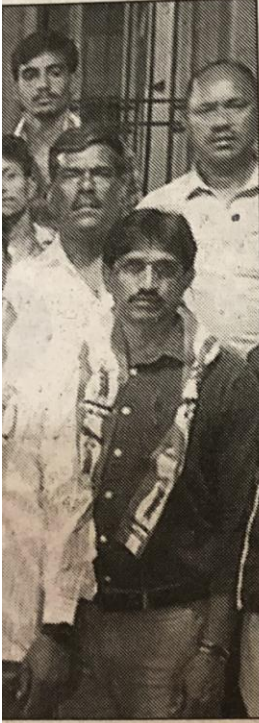


NSS Programme Officer, received the awards from Pramod Madhwaraj, Minister of Youth Affairs and Sports, at the Gurunanak Bhavan Auditorium, Vasanthnagar, Bengaluru, recently.



## ಕನ್ನಡಪ್ರಭ

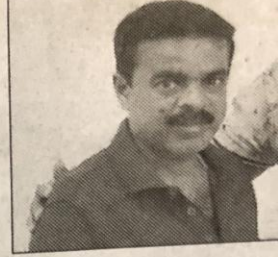
ಶನಿವಾರ 10.3.2018



ಟಿ.ಟಿ. ದೇವೇಗೌಡ



ಮೈಸೂರಿನ ಜೆಎಸ್‌ಎಸ್ ಆಕಾಡೆಮಿ ಆಫ್ ಹೈಯರ್ ಎಜುಕೇಶನ್ ಆಂಡ್ ರಿಸರ್ಚ್‌ನ ಜೆಎಸ್‌ಎಸ್ ಮೆಡಿಕಲ್ ಕಾಲೇಜನ್ನು 2016-17ನೇ ಸಾಲಿನ ಅತ್ಯುತ್ತಮ ಎನ್‌ನೈಸ್ಡ್ ಘಟಕ ಮತ್ತು ಕಾರ್ಯಕ್ರಮ ಅಧಿಕಾರಿ ಎಂದು ಬೆಂಗಳೂರಿನಲ್ಲಿ ರಾಜ್ಯ ಪ್ರಶಸ್ತಿ ನೀಡಿ ಗೌರವಿಸಿದೆ. ಪ್ರಾಂಶುಪಾಲ ಡಾ. ಎಚ್. ಬಸವನಗೌಡಪ್ಪ ಅಧಿಕಾರಿ ಡಾ. ಸುನಿಲ್‌ಕುಮಾರ್ ಪ್ರಶಸ್ತಿ ಸ್ವೀಕರಿಸಿದರು.



## ಕಿಡ್ನಿ ವೈಫಲ್ಯ ಸಂಸದ ಪ್ರತಿ

ಮೈಸೂರು: ಕಿಡ್ನಿ ವೈಫಲ್ಯ ನಗರದ ಜೆ.ಸಿ. ನಗರ ಪದ್ಮನಾಭ್(53) ಅವರ ಅವರು ಪ್ರಧಾನ ಮಂತ್ರಿ 3 ಲಕ್ಷ ರು. ನೆರವು ಕೊಡಿ ಬೆಂಗಳೂರಿನ ಮಣಿಪ ಪಡೆಯುತ್ತಿದ್ದು, ಆಸ್ಪತ್ರೆ ಕಿಡ್ನಿ ಕಸಿ ಮಾಡಿಕೆ ಹಣಕಾಸಿನ ಅಭಾವದಿ ಭರಿಸಲು ಸಾಧ್ಯವಾಗದ ಮೊರೆ ಹೋದರು. ಕೂ ವ್ಯವಸ್ಥೆ ಮಾಡಿದರು. ವೈದ್ಯರು ಯಶಸ್ವಿಯಾಗಿ

# ಬಾರಿ ಶ್ರೀನಿವಾಸಪ್ರಸಾದ್ ಸ್ಪರ್ಧಿಸಲಿ ಎಂಬ ಬೆಂಬಲಿಗ ನಿರಚಿಸಿದವರಿಗೆ ಬಿಜೆಪಿ



## JSS Dental College and Hospital, Mysuru

### College level camp Report (Special Camp)

1.	Name and address of the college		JSS Dental College & Hospital, Sri Shivarathreeshwara Nagar, Mysore-15, Karnataka, India.	
2.	Nature of accommodation		school	
3.	Venue of the camp		MAHADEVPURA	
4.	Name of the camp officer		Dr. RAVI .M.B	
5.	Name of the camp assistant		-----	
6.	Details of the campers attended: -			
	a.	No of students allotted by the JSSU		50 (Fifty only)
	b.	No of additional campers involved		Nil
	c.	No of campers attended		50 (Fifty six only)
	GRAND TOTAL			50 (Fifty six only)
7.	The date of commencement and closure of the camp			12-02-2018to 18-02-2018
8.	Name and designation of the dignitaries who participated in the Inaugural & Valedictory functions of the camp.			
	a.	Inauguration 12-02-2018	1.	S Kalegowda Member Zilla Panchayath Mahadevpura
			2.	Dr Giniswamy,President M K Anand Alwar school,Mahadevpura
			3.	Sri. Jagadish M A , President, Mahadevpura Gram Panchayath
			4.	Dr Ravindra S ,Principle JSS dental college and hospital,mysore
			4.	Leaders of village. Mahadevpura , mysore
	b.	Valedictory 18-02-2018	1	Dr Ravindra S ,Principle JSS dental college and hospital,mysore
			2.	
			3.	Sri. Jagadish M A President, Mahadevpura Gram Panchayath.
			4.	Leaders of village. Mahadevpura , Mysore

9	Names and designations of the Resource persons		
<b>Date</b>	<b>Resource Person</b>	<b>Topics</b>	



13-02-2018	a.	<b>Dr. Ravi M B</b> JSS Dental college & hospital Mysore	GENERAL HYGENE
14-02-2018	b	Dr .Vidya JSS Dental college & hospital Mysore	Oral health
15-02-2018	c	<b>Prof C.G.Saraswathi</b> , former professor ,Department of food and nutrition ,university of Mysore ,Mysore	Health and Nutrition
16-02-2018	d	<b>Smt. K.S. Kalpana, Lecturer</b> ,Pre-University College Arakare, Mondya	HIV AND AIDS
<b>10.</b>	Names and designation of the other dignitaries who visited the camp.		
a.	<b>Dr. Balakrishna</b> , Taluk health officer, Srirangapatana		
b.	<b>Smt. Kokila. M.S</b> , Dy- Registrar, JSS University, Mysore		
<b>11.</b>	Pre Planning:		
	Five meetings were held with Mahadevpura Gram Panchayat members and also with village Youths and other officials		
<b>12.</b>	Projects under taken		
	<b>I. Health checkup and awareness camp</b>		
	1.	Free Dental checkup and treatment	
	2.	Free Medical checkup and treatment	
	3.	Free Ayurvedic medical checkup and treatment	
	4.	Free dental treatment for school children	
	5.	Free Echocardiogram for villager	

<b>II. Promotion to general health and awareness</b>		
1.	Door to Door visit was made by our campers in the Mahadevpura village to educate the people on dental and personal hygiene.	
2.	Villagers were educated about the importance of maintaining oral health	
3.	AWARENESS on women's health was organized to all the women in the community	
4.	Lecture on" Health and nutrition" was organized for school children they were told the importance of following a proper balanced diet and also highlighted absent importance of fruits and vegetables to be eaten and about the blood related disorder	
5.	Lecture on HIV and AIDS was organized, for villagers and school children.	
6.	Demonstration of brushing and general hygienic maintenance was given to villagers.	

	7.	Various competitions organized for the school children's. It included drawing ,coloring, debate pick & speak ,and quiz completion	
	<b>III. Other camp activities undertaken:</b>		
	a.	Awareness skits, street play were performed in the evening programmes.	
	b.	Health awareness programmes on cleanness, health check up ,etc were organized.	
	c.	Every day evening cultural activities were conducted.	
13.	A detailed Narrative report of camp is attached.		
14.	<b>Assessment:</b>		
	1.	Free medical checkup and free medicine	Rs. 70,,000-00
	2.	Free dental checkup and free medicine	Rs. 70,000-00
	4.	Free dental treatment	Rs. 150,000-00
	Approx.		Rs 2,90,000-00
15.	Expenditure:		
	1.	Amount received as an advance from JSS University, Mysore.	Rs.22,500-00
	2.	Amount of expenditure actually incurred.	Rs.22,500-00
16.	Impact of the camp		
	1.	Mahadevpura village people were very happy regarding the service provided by the NSS volunteers.	
	2.	The camps revealed that, majority of the people were suffering from dental problems, cardiac, and improper oral and general hygienic condition.	
	3.	This event leads our volunteers to know the local culture, life style of the village people and their social and economic status.	
	5	Knowledge was provided and awareness was created among the villagers	
	6	The villagers were asked the camp officer to again arrange the camp in the village. They said they will be eagerly waiting for the next NSS camp	



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**DETAILED NARRATIVE REPORT OF NSS SPECIAL CAMP HELD FROM 12.02.18 TO 18.02.18**

**DAY 1- 12.02.2018 - MONDAY**

With the blessings of His Holiness Jagadguru Sri Sri Shivarathri Deshikendra Mahaswamiji, NSS camp commenced on 12-2-2018. On the inaugural day we reached Mahadevpura village by 10.30am. The place which was provided by the villagers for the purpose of accommodation was cleaned by NSS volunteers. Individual responsibilities were given to each volunteer for seven days regarding special camping activities.

The inaugural function started at 3.00pm in the government school S Kalegowda ,member taluk panchayat, inaugurated the special camp by lighting the lamp and addressed the NSS volunteers stressing the importance of NSS in rural development. Dr. Ravindra S, principal of JSS Dental College & Hospital was present at the function. he emphasized on upliftment of general health awareness in rural areas and he wished all the NSS volunteers a successful and prosperous

Dr. Ravi M.B., NSS programme officer, welcomed the guests and highlighted the proposed programs of the camp. The President of Gramapanchayat, Mr Jagadish M A Mahadevpura, addressed the gathering and added that the villagers were very happy to receive the NSS volunteers and the whole village would support them in the various activities in the upcoming 7 days programme. The programme was concluded with dinner at 9:00pm.

A meeting was held at 10:00pm regarding the daily activity of the camp and also proposed activities for the next day.

**Day 2 - 13.02.2018 - TUESDAY**

The Camp activities commenced at 6:00 am. The volunteers were asked to take daily activities after 6:45. The daily routine started with flag hoisting, followed by the NSS prayer and exercise. The breakfast was served at 8:30 am. In the morning session of this day volunteers went inside the village and created awareness about oral hygiene and general hygiene

On this day, free screening camp were done for more than 100 villagers, patients were distributed drugs including calcium, iron, multi vitamins, analgesics, antipyretics and antacids tablets in the camp. The programme went up to 2:00 pm.

A talk was delivered by Dr Ravi M.B. for the villagers and the patients who were present in the camp, about the importance of maintaining oral health and its effects on the general health, About 100 people were educated about the hazards of poor oral hygiene. The programme was a great success and was concluded by 6:00pm.

All the volunteers had their dinner at 8:30pm. The daily report was prepared and submitted. A meeting was held at 10:00pm regarding the daily activity of the camp and the activities for the next day were discussed.



## **Day 3 - 14.02.2018 – WEDNESDAY**

The third day commenced at 6.00 am. The daily routine was started with flag hoisting, followed by the NSS prayer and exercise. The breakfast was served at 8:30 am.

The day was scheduled for dental check up treatment for villagers and school children by doctors and students of JSS Dental College and Hospital.

About 150 children from M K ANAND ALWAR **school** and few other children from Mahadevpura village were treated for general and oral health problems. A total of 7 extractions and 80 pit and fissure sealants were done. The children aged between 4 years to 15 years were diagnosed and treated. Around 1000 medicaments were distributed to the children throughout the day. All children were educated on how to take care of their oral hygiene and brushing demonstrations was given to almost all the children. The camp went on upto 4 pm. Various literary competitions were also conducted for the school children.

In the evening, the volunteers were engaged in sports activities like cricket and volleyball

The busy day concluded and the NSS volunteers had dinner at 9 pm. The daily report was submitted and a meeting was held at 10 pm regarding the daily activity of the camp and the preparation to be done for the next day's proposed activities

## **DAY 4 – 15.02.2018- THURSDAY**

On the fourth day same routine was followed in the morning, amidst the chilled weather. The volunteers were up by 5:30 am, finished their daily routine of flag hoisting and NSS prayer

After the breakfast, at 8.30 am, the volunteers were involved in the morning session of the camp. This day was scheduled for a cardiac camp ,orthopedic, opthomology and general medicine ,around 14 renounced doctors of JSS MEDICAL hospital attended the camp . The camp started of at 9.30 am and many people were benefitted from the health programme. Around 25 echocardiograms were done. More than 150 people were benefitted, as most of them were given free treatment. Around 10 Extractions, 15 Fillings and around 30 scaling were also done. Also, free medicines were distributed to the patients.

The programme concluded by 4.00 pm. During this medical camp around 20000 worth medicines were distributed , This was followed by various competitions organized for the school children. It included drawing, coloring, and debate, pick & speak and quiz competition. Staff of JSS Dental College & Hospital also attended the camp

## **DAY 5- 16.02.2018 - FRIDAY**

The volunteers began their daily routine at 6.30 am with the flag hoisting followed by light exercise and then breakfast.

The day was planned to create Awareness about Oral Health and Hygiene among the village people. All the villagers were informed about the programme by the volunteers in advance. The camp started at 9.30 am and continued upto 4.00 pm. The village people were not only given awareness but also screened and treated. About 75 people were diagnosed and treated. About 10 fillings and 15 scaling were performed. The camp and the awareness programme was lead by the experienced dentists of JSS Dental College and Hospital and it went on till 4pm

About 200 children from M K ANAND ALWAR **school** , Mahadevpura village were treated for oral health problems. A total 100 pit and fissure sealants were done.

The dinner was served at 9.00 pm and the daily report was prepared and submitted. A meeting was held at 10.00 pm regarding the Dental camp organized that day, and also discussed about the next day's proposed activities.

## **DAY 6- 17.02.2018- SATURDAY**

The sixth day was the last day for conducting the camp. This day was scheduled for a general health check up.

The day commenced as usual with the hoisting of the flag and singing of the NSS prayer after which the breakfast was served at 8.00 am to all the volunteers the camp started of and about 250 children from private and government school were examined and treated and 120 pit and fissure sealant were done The camp went on until 4.00 pm after which the lunch was served to all the volunteers and guests.

A lecture on **HIV and prevention** was given by ms kalpana renowned speaker and lecture of government first grade college

In the evening a 'swatch barath ' cleaning programme was held in school premises . It was a huge success

The volunteers had dinner by 9.00 pm, . The daily meeting was held at 10.00 pm where the events that took place that day were discussed and also about the valedictory function for the next day.  
also,

## **DAY 7- 18.02.2018- SUNDAY**

This was the final day of the educative and informative NSS special camp. The day as usual started at 5.30 am which was followed by the daily routine. The NSS prayer was sung by the NSS volunteers, which was followed by a exercise and a light breakfast at 8.00 am.

Everyone started preparing for the valedictory function , which was scheduled to start at 10.00 am. the NSS co coordinator thanked one and all for their co-operation in organizing the camp. The village panchayat member, a few members who were present at the function were briefed



about the events that took place in the camp which included various cultural activities, distribution of Medicines and street plays were done to educate the villagers about oral health and general health. It was then followed by the prize distribution to the school children who excelled in various competitions that were conducted throughout the six day camps. The programme concluded with National Anthem.

We concluded the NSS special camp and commenced our journey back home. We started from Mahadevpura at 2.00 pm and reached Mysore by 2.40 pm. All volunteers reached home safely.

The NSS VOLNTEERS shared their feelings of togetherness that they had experienced throughout the camp. They were happy that they were the part of this programme and this experience would change their outlook on life.

### NSS Special camping activities

#### Programme list

Date	Morning session	Afternoon session
12-02-2018	Nil	Inauguration
13-02-2018	Free dental treatment camp	Talk by Dr Ravi M.B
14-02-2018	Free dental treatment camp	Talk by Dr Vidya
15-02-2018	Free dental treatment camp	Talk by Kalpana HS
16-02-2018	Free Cardiology ,orthopedic and EYE camp	Talk by Dr Saraswathi
17-02-2018	dental treatment camp Free	Health awareness talk
18-02-2018	Valedictory	

#### Programme Outcomes

Date	Name of the programme	Number of beneficiaries	Approximate outcome of the programme
13-02-2018	Free dental treatment camp	100	30000.00
14-02-2018	Free dental treatment camp	150	80000.00
15-02-2018	Free dental treatment camp	150	80000.00
16-02-2018	Free Cardiology ,orthopedic and EYE camp	150	70000.00
17-02-2018	Dental treatment camp Free	100	30000.00
Total			2,90,000.00

## NSS Special Camping Activities

Date : March 15<sup>th</sup> 2018 to March 21<sup>st</sup> 2018

Name of the village : Bhugathagahalli, Mysore Taluk

### Programme list

Day/Date	Morning session	Afternoon session
<b>15/03/2018</b> <b>Thursday</b>	NIL	Inauguration
<b>16/03/2018</b> <b>Friday</b>	Free health screening camp from JSS College of Pharmacy, Dept of Pharmacy Practice, Mysore.	Lecture on "Underground Water Conservation and its safe Use" for the volunteers and the people of Bhugathagahalli by <b>Dr. Hemachandra PS</b> , Asst Professor, Maharanis college for women.
<b>17/03/2018</b> <b>Saturday</b>	Free health checkup camp from JSS Ayurveda college & Hospital doctors, Mysore. Distribution of free medicine.	Lecture and presentation on "Protein food intake" by <b>Dr. Channegowda</b> , Chief Veterinary Officer, Mysuru.
<b>18/03/2018</b> <b>Sunday</b>	Shramadhan- Cleaning of Bhugathagahalli Nearby locations of village, temples etc	Plantation of Saplings in the Bethaleshwari temple premises.
<b>19/03/2018</b> <b>Monday</b>	Free Dental checkup and treatment camp from JSS Dental college Hospital doctors, Mysore. Distribution of free medicine and toothpaste	Awareness program on Poison Information Centre at JSS Hospital, Mysore and its various activities like providing information on First Aid Measures and treatments of various types of Poisoning and the Toll-Free-Number of the Poison Information Centre 1800-425-0207 etc.



		AIDS awareness door to door campaigning by NSS Volunteers.
<b>20/03/2018 Tuesday</b>	Free health checkup camp from JSS Medical college Hospital doctors, Mysore. General Medicine, Cardiology and pediatrics departments. Distribution of free medicine.	Lecture on Food safety by Dr. K.L. Krishna, Asst. Professor, JSSCP, Mysuru.
<b>21/03/2018 Wednesday</b>	<b>Valedictory Function</b>	

**Programme Outcomes**

<b>Day /Date/Time</b>	<b>Name of the programme</b>	<b>Number of beneficiaries</b>	<b>Approximate outcome of the programme</b>
<b>Friday 16/03/2018 9 am to 1 pm</b>	Free health screening camp from JSS College of Pharmacy, Dept of Pharmacy Practice, Mysore.	<b>100</b>	<b>5,000.00</b>
<b>Friday 16/03/2018 5 pm to 7 pm</b>	Lecture and presentation on "Underground Water Conservation and its safe Use"	<b>100</b>	<b>5000.00</b>
<b>Saturday 17/03/2018 9 am to 2 pm</b>	Free health checkup camp from JSS Ayurveda college & Hospital doctors, Mysore. Distribution of free medicine.	<b>150</b>	<b>15,000.00</b>
<b>Saturday 17/03/2018 5 pm to 7 pm</b>	Lecture and presentation on "Protein food intake" by <b>Dr. Channegowda</b> , Chief Veterinary Officer, Mysuru.	<b>200</b>	<b>5000.00</b>
<b>Sunday 18/03/2018</b>	Shramadhan- Cleaning of Bhugathagahalli Nearby	<b>300</b>	<b>20,000.00</b>

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<b>9 am to 2 pm</b>	locations of village, temples etc		
<b>Sunday 18/03/2018 5pm to 7pm</b>	Plantation of Saplings in the Bethaleshwari temple premises.	<b>300</b>	<b>8000.00</b>
<b>Monday 19/03/2018 10 am to 2 pm</b>	Free Dental checkup and treatment camp from JSS Dental college Hospital doctors, Mysore. Distribution of free medicine and toothpaste.	<b>300</b>	<b>30,000.00</b>
<b>Monday 19/03/2018 5pm to 7 pm</b>	Awareness program on Poison Information Centre at JSS Hospital, Mysore and its various activities like providing information on First Aid Measures and treatments of various types of Poisoning and the Toll-Free-Number of the Poison Information Centre 1800-425-0207 etc. AIDS awareness door to door campaigning by NSS Volunteers.	<b>250</b>	<b>10,000.00</b>
<b>Tuesday 20/03/2018 9 am to 2 pm</b>	Free health checkup camp from JSS Medical college Hospital doctors, Mysore. General Medicine, Cardiology and pediatrics departments. Distribution of free medicine.	<b>200</b>	<b>30,000.00</b>
<b>Tuesday 20/03/2018 5 pm to 7 pm</b>	Lecture on Food safety by Dr. K.L. Krishna, Asst. Professor, JSSCP, Mysuru	<b>100</b>	<b>5,000.00</b>
<b>Total</b>		<b>2,000</b>	<b>1,33,000.00</b>



## **JSS College of Pharmacy, Mysuru**

### **NSS Day Wise Detailed Narrative Report, Scanned Copies of the News Paper Reports and Action Photos**

#### **Day 1**

Today **Day 1, Thursday 15/03/2018**, the most awaited NSS Special Camp was started with the theme of **"Youth for Rural Reconstruction"**. Around 60 NSS volunteers of our college were eagerly waiting to depart to the camp site boarded the bus at 10.30 am along with NSS Camp Officer, **Dr. M.P. Gowrav**, Assistant Camp Officer **Mr. Jaidev Kumar**. Everyone dropped their luggages at the Bhugathagahalli convention hall where the accommodation was arranged for all the NSS volunteers. Inauguration of the NSS Annual Special Camp 2017-18 was scheduled at 5.30PM at Bethaleswari Temple, Bhugathagahalli Village of Mysuru Taluk, Mysuru District.

NSS Special Camp 2017-18 programme started with the invocation song NSS Song sung by **Ms. Annapoorneswari and group**. The program was presided by our beloved Principal **Dr. T.M. Pramod Kumar** J.S.S. College of pharmacy, Mysuru. **Ms. Geetha** welcomed the dignitaries and guests on the Diaz. NSS Special Annual Camp-2017-18 was inaugurated by **Sri. Chairman Shivanna and Sri Mahadevu**, Nadagowdru, **Dr. K.L Krishna** Assistant Professor and University NSS coordinator, J.S.S. College of Pharmacy, Mysore, **Dr. Balamuralidhara**, Asst. Professor, JSS College of pharmacy Mysuru, **Mrs. Uma Kempakaiah**, Gram Panchayath Member, **Mrs. Shivalingamma Mahadevappa**, Gram Panchayath Member, **Mr. Chandrashekar**, Gram Panchayath Member and other Member of the village and other guests of Bhugathahalli and other dignitaries on the Diaz inaugurated the camp by watering the plant. **Dr. T.M. Pramod Kumar**, addressed the villagers, asking the villagers to participate actively in large numbers in all the programs scheduled to be conducted from 15-03-2018 to 21-03-2018 and make best use of the camp. He also encouraged the volunteers to utilise this opportunity to help all the villagers, to have a clear exposure to the life in a village and to gather knowledge on how to serve the poor and needy people of the village. **Vote of thanks** was proposed by **Dr. M.P. Gowrav**, he memorized the support and encouragement in organizing the said camp. He thanked all the dignitaries and guests for their esteemed presence.

After the inauguration function, everyone moved towards the Bhugathagahalli convention hall and had dinner at 8:30 PM followed by meeting with the NSS officers in order to discuss about next day's programs, Grouping of all the NSS Volunteers, Assigning each group of volunteers to carry out various activities assigned to the individual group and Volunteers then wrote the NSS dairy before going to bed.



**NSS Annual Special camp 2017-18 Inauguration ceremony**





**Felicitation of the Sri Puttadevappa- Village Head by our Principal Dr. T.M. Pramod Kumar**



**Day 2**

**On Friday Day 2, 16/03/2018**, all the volunteers woke up at 6 am and attended the NSS Flag Hoisting programme organized by group I. Exercises were performed for 30 min followed by the flag hoisting by **Sri. Somanna**, Lab Technician, JSSCP, Mysuru. After taking bath, all the volunteers had the breakfast arranged by group II. Morning session (9:00 a.m. to 1:00 p.m) started with the Health Screening camp carried out by Pharmacy Practice Department of JSSCP, Mysuru and all the NSS Volunteers informed all the people in and around the village to make use of it. About more than 100 people were screened for diabetes and blood pressure checkup. After the health screening camp all the volunteers moved to the convention hall where the accommodation was arranged and had a very good lunch organized by group II. All the NSS volunteers took rest for 2 hours and was informed to make arrangements for evening session.

The program started at 05:30 PM in the evening with the invocation song by **Mr. Premanand Patil** and group and the welcome speech was given by **Mr. Arafath**. A guest lecture was delivered by **Dr. Hemachandra. P.N.** Asst. Professor, Maharanis college for Women, Mysuru on **"Conservation of Ground water resources"**. by playing some videos on methods of ground water conservation and recharging of bore wells. Volunteers mobilized a

huge crowd and the programme was a grand success. The program ended with the vote of thanks given by **Mr.Shreyas**. The said faculty had a nice interaction with NSS volunteers with lots of happiness of success the volunteers returned to the venue for dinner arranged by group II. After the dinner there was a meeting to review the day's programme and next day's programme was planned and wrote the dairy and went to sleep at 10:30 PM.



**Health screening camp conducted by Pharmacy Practice Dept. JSSCP, Mysuru**



**Guest Lecture by Dr. Hemachandra PN on Groundwater conservation**



## Day 3

**On Saturday Day 3, 17/03/2018**, all the volunteers were made to wake up at 6 am and attend the flag hoisting programme at 06:30 AM organized by group V and exercises were performed for 30 mins. Followed by this, as usual everyone had breakfast after taking bath. Breakfast arrangement was made by group III. After the breakfast at 8.30 am all the volunteers went to venue of the camp, i.e. Bethleswari temple for the morning session organized by group II i.e. Morning Session program was scheduled as Ayurvedic medical check up and around 100 villagers had free ayurvedic check-up and free medications were distributed to all the villagers. Check-up camp organized by JSS Ayurveda College and Hospital, Mysuru.

After the Ayurveda camp all the NSS Volunteers had lunch organized by group III and took rest for 2 hours and after having tea at 4 PM. The program started at 05:00 PM in the evening with the invocation song by **Mr. Namitha** and group and the welcome speech was given by **Mr. Aqueeb Khan**. An guest lecture was delivered by **Dr. Channegowda**, Chief Veterinary Officer, Mysuru on **"Protein Food intake"**. He explained about the portentous foods which the younger generation have to follow into order to maintain healthy physically and mentally. The village people interacted with the speaker and asked few question regarding pulses and green vegetables. The program ended with the vote of thanks given by **Mr. Kiran Raj G**. The said faculty had a nice interaction with NSS volunteers with lots of happiness of success the volunteers returned to the venue for dinner arranged by group III. After the dinner there was a meeting to review the day's programme and next day's programme was planned and wrote the dairy and went to sleep at 10:30 PM.



**Ayurvedic Health Check up by Doctors of JSS Ayurveda College and Hospital**



**Guest Lecture by Dr. Channegowda on Protein Food Intake**



## Day 4

**Day 4, Sunday 18/03/2018**, all the volunteers woke up at 6 am and attended the NSS Flag Hoisting programme organized by group I. Exercises were performed for 30 min followed by the flag hoisting by **Sri Lingaraju**, Temple Priest. After taking bath, all the volunteers had the breakfast arranged by group IV. Morning session (9:00 a.m. to 1:00 p.m) started with the shramadhan carried out by all the NSS Volunteers in and around the Bethaleshwari Temple and followed by the roads of village. After the shramadhan all the volunteers moved to the campus where the accommodation was arranged and we had a very good lunch organized by group V. All the NSS volunteers took rest for 2 hours and was informed to make arrangements for evening session.

In the evening around 04:00 P.M. Plantations of about 100 saplings in the Bethaleshwari temple premises organized. The volunteers had digged the ground about one and a half feet and planted the trees. All the volunteers actively participated and enjoyed the plantations. Plants like Jackfruit, Mango, Nerale and Badam etc were planted.

After the plantations the volunteers came back got ready and had a delightful dinner arranged by group IV and this became the most memorable day and all the NSS Volunteers sung and danced and enjoyed to the maximum and it was followed by the meeting where the present day progress and future programmes were discussed the volunteer dairy was written and all the volunteers went back to the bed.



**Sapling of Plants by Staff and Students**

## Day 5

**Day 5, Monday 19/03/2018**, all the volunteers were made to wake up at 6 am and attend the flag hoisting programme at 06:30 AM organized by group IV and exercises were performed for 30 mins. Followed by this, as usual everyone had breakfast after taking bath. Breakfast arrangement was made by group I. After the breakfast at 8.30 am all the volunteers went to venue of the camp, i.e. Bhugathahalli for the morning session organized by group II. Around 170 school children were treated for teeth problems like dental carries, tooth pain, tooth extraction and tooth filling treatments were done and all the patients were distributed with the free medications provided by the Colgate and Himalaya Drug Company.

After finishing morning program all the NSS camp volunteers headed back to venue and had lunch organized by group V and took rest for some time and went back to organize the evening programme. The program started at 05:30 PM in the evening by invocation song. An awareness programme was organized by Pharmacy Practice Dept of JSS College of Pharmacy on Poison information center and AIDS awareness programs by playing some skits and door to door campaigning. This evening programme was organized by group II. Volunteers mobilized a huge crowd and the programme was a grand success. The program ended with the vote of thanks given by **Mrs. Kavana**. The said faculty had a nice interaction with NSS volunteers with lots of happiness of success the volunteers returned to the venue for dinner arranged by group V. After the dinner there was a meeting to review the day's programme and next day's programme was planned and wrote the dairy and went to sleep at 10:30 PM.





**Dental Health Checkup by JSS Dental College and Hospital**



doctors

**Awareness program of Poison information center**

## Day 6

**Day 6, Tuesday, 20/03/2018** the day began with the flag hoisting by Sri Jawaraiah, APMC member and it was organized by group III at morning 6:30am. After a couple of minutes of yoga and stretching exercises everyone went back to their rooms and got ready quickly and had a cup of tea at 7:30am and all the volunteers started towards to organize morning programmes.

Medical check up camp was conducted (from 9 am to 1 pm) by the expert Doctors (Paediatrics, Opthamology and General) of JSS Medical College and Hospital, JSS University, Mysore. Medical check up was done for around 200 villagers were carried out. The villagers showed very good response and all the villagers appreciated the NSS unit of JSS College of Pharmacy for organizing the Medical check-up camp and thanked the Doctors whole heartedly. Around 20 Villagers underwent eye testing and were suggested for cataract operation and were dispensed with free medications provided by the JSS Drug Centre, JSS Hospital, Mysore.

After finishing morning program all the NSS camp volunteers headed back to venue and had lunch organized by group IV and took rest for some time and went back to organize the evening programme .The program started at 05:30 PM in the evening with the invocation song by Mr. Kiran and group and the welcome speech was given by Mr. Pavan Kumar. The evening program was on creating awareness and educating the village people about "Food safety" by **Dr. K.L.Krishna**, Assistant Professor, JSSCP, Mysuru. There was a good crowd and the programme was a huge success. The program ended with the vote of thanks given by **Mr. Barath**. The said faculty had a nice interaction with NSS volunteers and encouraged them to contribute to society as much as possible and they also complimented the volunteers for very systematic arrangement of camp and programmes. Teachers wished the volunteers all the best and also distributed sweets which they brought to the volunteers.

After the programme the volunteers came back got ready and had a delightful dinner arranged by group IV and this became the most memorable day and all the NSS Volunteers sung and danced and enjoyed to the maximum and it was followed by the meeting where the present day progress and future programmes were discussed the volunteer dairy was written and all the volunteers went back to the bed.





**Medical Health Checkup by JSS Medical College and Hospital Doctors**



## Day 7

On the last day, 21/03/2018 valedictory function was organised at Bethaleshwari Convention Hall. After the breakfast all the groups started their assignments of packing, cleaning, venue preparation etc., The programme started with the NSS Song as invocation song. Invocation was by NSS Volunteers **Mr. Premanand Patil** and team. **Dr. M.P. Gowrav** welcomed the guests. NSS Volunteer **Mr. Naveen Datta** presented the NSS Camp report in front of the dignitaries on the Dias with few highlights of the camp like Plantation of saplings in the temple premises, medical camp, dental camp and ayurvedic camp. **Mr. Puttarajappa S**, Administrative officer of our college, presided over the function and Dr. T.M. Pramod Kumar, Principal, JSSCP, Mysuru was the guest of honor. **Sri. Jawaraiah, APMC member** were invited as Chief guests and were present on the Dias. **Dr. M.P. Gowrav** proposed the valedictory speech. Apart from these dignitaries, Colleagues, Programme Co-ordinator of JSS University, were present in the function which made the function more colourful and cheerful.

**Sri. Jawaraiah** wished all the best for the NSS Volunteers for their future endeavors and was very happy with various programs which were conducted in the 07 days camp and also wished everyone and asked to conduct the camp once again in the village and to serve the villagers. He also told the youth to actively participate in social activities. **Mr. Puttarajappa S** appreciated all the activities which were organized and conducted by the NSS special camp held for 07 days at village and congratulated all the volunteers for more actively involving and providing various services to the villagers. **Mr. Shivanna**, Ex-chairman of Bhugathahalli village was very happy with all the programmes which were conducted and congratulated all the volunteers for completing the NSS special camp with great success. Best NSS Volunteer awards were given to Mr. Barath, III B.Pharm, Mr. Rethina Kamal, III B.Pharm and Mr. Lakshmi Narayanan T, II B.Pharm. Vote of thanks was given by Mr. Jaidev Kumar. At last the students unwillingly packed their luggages and headed back to the college with life time memories.





Valedictory function at Bhugathahalli convention hall on 21-03-2018



## JSS College of Pharmacy, Ooty

### NSS Special Camping Activities

Date : March 4<sup>th</sup> 2018 to March 10<sup>st</sup> 2018

Name of the village : Thengumarahada

#### Programme list

Day/Date	Morning session	Afternoon session
<b>04/03/2018</b> <b>Sunday</b>	NIL	Inauguration
<b>05/03/2018</b> <b>Monday</b>	The volunteers were involved in cleaning the school campus. The kitchen area of the school was cleaned and whitewashed. The students also cleaned the nearby water canal of the village which serves as the main drinking water supply.	The principal, and few other staffs also joined the camp later that evening. At 05 pm after giving tea to the volunteers, the whole unit along with the staffs, and a forest ranger went for a ride in a tempo into the forest. This created a opportunity for the Volunteers to see wild animals like bisons and even tigers on the way. This was an adventurous and a thrilling experience for the students. Mean while, the dinner was ready and the unit had dinner and retired to bed.
<b>06/03/2018</b> <b>Tuesday</b>	The activity for that day was to water the new saplings, planted by the forest department in the other side of the river banks.	At 5:00pm, a entertainment programme was conducted and the students actively took part in the show The dinner was given at 9.30 pm and after dinner we had a brief discussion on days performance and tomorrow's work plan. The volunteers wrote their diaries and went to bed for long rest.



<b>07/03/2018</b> <b>Wednesday</b>	Medical camp conducted in the village by the volunteers	The male volunteers were involved in building a check dam to direct the river water flow to the village canal for the drinking purpose.
<b>08/03/2018</b> <b>Thursday</b>	The volunteers were taken to the river by tempo for the leveling of the stones, as it was one of the major transportation ways to the tribal village. The work went on till the afternoon.	Interaction with the village people
<b>09/03/2018</b> <b>Friday</b>	The volunteers were taken to Allimayar, a small tribal village which is also a part of Thengumarahada. The volunteers started their work by cleaning the school campus. Few saplings were also planted and watered. The unwanted wastes were cleaned, the stones were also arranged..	For the services rendered by the NSS volunteers, the forest ranger, forest officers gave us a opportunity to go trekking as a part of the camp..
<b>21/03/2018</b> <b>Wednesday</b>	<b>Valedictory Function</b>	

### Programme Outcomes

<b>Day /Date/Time</b>	<b>Name of the programme</b>	<b>Number of beneficiaries</b>	<b>Approximate outcome of the programme</b>
<b>Sunday</b> <b>04/03/2018</b>	Volunteers cleaned the premises at the forest trekking shed which is part of the activity	<b>75</b>	<b>7,000.00</b>
<b>Monday</b> <b>05/03/2018</b>	Cleaning of the school premises removal of the debris and cleaning of the school kitchen. The cleaning of the foot path and water channels for irrigation and garbage dumps and the temple were	<b>150</b>	<b>15000.00</b>

	also cleaned		
<b>Tuesday 06/03/2018</b>	Sapling of the tree plants in the forest watering the saplings and cutting thorns and placing them around the plants to protect them from animals	<b>150</b>	<b>20,000.00</b>
<b>Wednesday 07/03/2018</b>	The Volunteers were taken to the Thengumarahada primary health centre for free medical camp. Around 200 people from the village utilized the free Blood pressure, blood glucose levels, and body mass index check up. Free patient counselling also was given to the people. The other batch of volunteers were involved in building a check dam to direct the river water flow to the village canal for the drinking purpose. dinner and they went to sleep.	<b>200</b>	<b>30,000.00</b>
<b>Thursday 08/03/2018</b>	The volunteers were taken to the river by tempo for the leveling of the stones, as it was one of the major transportation ways to the tribal village. Later in the evening the volunteers were given tea and they met the nearby villagers and interacted with them	<b>250</b>	<b>20,000.00</b>
<b>Friday 09/03/2018</b>	The volunteers were taken to Allimayar, a small tribal village which is also a part of Thengumarahada. The volunteers started their work by cleaning the school campus. Few saplings were also planted and watered. The unwanted wastes were cleaned, the stones were also arranged. The volunteers also interacted with the students by singing songs, performing dance, playing games etc. The school	<b>100</b>	<b>6000.00</b>



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	students also actively participated and were very happy interacting with our NSS volunteers.		
<b>Saturday 10/03/2018</b>	The camp ended with an small valedictory function. Forest range officer and retired forest officer Mr.Gunasekaran were the guests. Mr.B.Babu thanked the forest authorities for supporting for stay and the village society president Mr. Mani for extending the support for smooth conduction of the camp. He also extended his gratitude to the tempo driver Mr.Selvam for the service he rendered	<b>200</b>	<b>15,000.00</b>
<b>Total</b>		<b>1025</b>	<b>1,13,000.00</b>

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## **NSS Day Wise Detailed Narrative Report, Scanned Copies of the News Paper Reports and Action Photos**

**04-03-2018**

With the blessings of His Holiness Jagadguru Sri Sri Shivarathreeshwara Deshikendra Mahaswamigalu and by god's grace our 14<sup>th</sup> NSS camp has begun on 04-03-2018. On the inaugural day (04-03-18) we left the college by 08:00am and reached THENGUMARAHADA village by 2:30 p.m. At first all the volunteers cleaned the premises (Trekking guest house) given by the Forest department North division for accommodation, which is also the part of NSS programme. By the time the lunch was ready, we had a fine lunch. Then the whole unit was divided into 02 units and each group was given individual responsibilities for the 07 days special camp.

The Inaugural Function has started at 4:30 pm in the Village Society hall where village people use to assemble for their evening activities.

Forest ranger officer inaugurated the Special Camp by hoisting the NSS flag, Flag hosting was followed by the NSS Song by the NSS volunteers Miss. Sharada and Group. Then Mr. B. Babu, the NSS Programme officer, welcomed the guests. The Guest addressed the NSS volunteers, in his inaugural speech he stressed the importance of NSS in rural development. He said that students are having good opportunities to serve the people and society through NSS. He wished all the NSS volunteers a successful camp.

The President of the function Thengumarahada Society president Mr. Mani had given some tips to the NSS volunteers about the behavioral attitudes in the camping period. He also wished all the Volunteers successful camping activities. Other guest present at the inaugural function were Forest range officer Mr. Ramesh has given his speech and he told, village people were very happy to receive the NSS volunteers and his and whole village support will be there for the various NSS activities in the 07 days programme. Other villagers also spoke in the inaugural function in favouring NSS unit. They felt that it was an excellent opportunity for them to get use of the service of NSS for their village.

Mr. B. Babu, NSS Programme officer has highlighted the programmes for the coming 07 days and he requested all the village people to co-operate with NSS unit in carrying out various activities scheduled.

At the end of the function, volunteers were given the diaries and badges in-group wise. Later at 9 pm dinner was served, the volunteers wrote the diaries and there was a discussion about the happenings of the day and the next day activities, then volunteers went for a sleep

**05-03-2018**

The day started at 6.30 am. The volunteers were asked to take daily activities. At 7:30 am the N.S.S. flag hoisting programme was conducted and the flag hoisting was done by the NSS Programme

officer followed by prayer. After the flag hoisting the volunteers were asked to do light exercise from 7.45 am to 8:00 am, then at 8.15 am breakfast was served.

The programme was at the Thengumarahada primary school, so the volunteers visited the school and spoke to the Headmaster Mr.Manoharan and also interacted with the staffs, Mr.Subramaniam. The volunteers were involved in cleaning the school campus. The kitchen area of the school was cleaned and whitewashed. Later few refreshments were given. The students also cleaned the nearby water canal of the village which serves as the main drinking water supply. Then, the volunteers walked upto the river cleaned the river banks by disposing all the plastic and unwanted glass wastes. Meanwhile, few students painted the walls near the temple which was also situated in the banks of the river.

With this we have completed the morning session and asked all the volunteers to go for bath at Mayar river and assemble in the residing hall 02.30 for lunch. After lunch and it was time for NSS volunteers to take rest. The principal, and few other staffs also joined the camp later that evening. At 05 pm after giving tea to the volunteers, the whole unit along with the staffs, and a forest ranger went for a ride in a tempo into the forest. This created a opportunity for the Volunteers to see wild animals like bisons and even tigers on the way. This was an adventurous and a thrilling experience for the students. Mean while, the dinner was ready and the unit had dinner and retired to bed.

## 06-03-2013

The day started with flag hoisting and followed by NSS song. After the flag hoisting the volunteers were done a brief exercise then breakfast was given to the volunteers. The activity for that day was to water the new saplings, planted by the forest department in the other side of the river banks. The water was taken from the river and the boys were involved in making a barrier for the saplings by cutting thorns and placing them around the plants to protect them from animals. At 2:30 the lunch was served and the students took some rest.

At 5:00pm, a entertainment programme was conducted and the students actively took part in the show. The dinner was given at 9.30 pm and after dinner we had a brief discussion on days performance and tomorrow's work plan. The volunteers wrote their diaries and went to bed for long rest.

The works performed by the volunteers were highly appreciated by the village people and they were thankful too.

## 07-03-2018

On this day, after a sound sleep at night volunteers began their daily routine. At 6.45am we had flag hoisting followed by NSS Song. After the flag hoisting, as usual volunteers were performed some exercises and after this the volunteers were given breakfast. After breakfast the volunteer were ready for the day's work.

The female Volunteers were taken to the Thengumarahada primary health centre to conduct a free medical camp. Around 93 people from the village utilized the free Blood pressure, blood glucose levels, and body mass index check up. Free patient counselling also was given to the people. The volunteers



were allowed to interact with the village people for the healthy discussion on health and hygiene. The medical camp was jointly conducted organized with Dr.Jayamohan and pharmacist Mr.Devaraj who is an alumini of our college.

The male volunteers were involved in building a check dam to direct the river water flow to the village canal for the drinking purpose. Later that evening few other teaching and non- teaching staffs visited the camp and interacted with the students. This went on till 09:00pm then the volunteers were served dinner and they went to sleep.

## 08-03-2018

On this day as usual, it started at 6.30am, which was followed by daily routine. At 7:00am Mr.B.Babu, NSS programme Officer hoisted the NSS flag followed by NSS Song. The light exercise programme was cut shorted for half an hour due to scheduled programme. Then at 8.00 am breakfast was served.

The volunteers were taken to the river by tempo for the leveling of the stones, as it was one of the major transportation ways to the tribal village. The work went on till the afternoon. The volunteers had lunch at the shed and relaxed after a long day of work.

Later in the evening the volunteers were given tea and they meet the nearby villagers and interacted with them. The volunteers had dinner at 8:45p.m and went to sleep.

## 09-03-2018

As usual a new day with a new work in hand began at 5.30 am followed by daily routine. At 6.45 am flag hoisting was carried out by our programme officer,. Immediately after the flag hoisting we had NSS song by NSS volunteers and light exercise along with NSS officers to warm up for the day's activities. Then breakfast was served at 8 am to the volunteers. The volunteers were taken to Allimayar, a small tribal village which is also a part of Thengumarahada. The volunteers started their work by cleaning the school campus. Few saplings were also planted and watered. The unwanted wastes were cleaned, the stones were also arranged. The volunteers also intereacted with the students by singing songs, performing dance, playing games etc. The school students also actively participated and were very happy interacting with our NSS volunteers. The NSS volunteers also advised the students about the importance of education, higher studies, options for study, etc. This work went till 02:30pm and then we had lunch.

For the services rendered by the NSS volunteers, the forest ranger, forest officers gave us a opportunity to go trekking as a part of the camp. We were taken for a small trekking in the forest area to have the knowledge on importance of forest and animals. It was noticed that due to the deforestation by the people for unwanted things the animals especially elephants tries to come to the village area. Hence from the forest department digged the land to 2 to 3 feet around the village so that animals may not cross. Volunteers whole heartedly involved themselves to help the forest people for conservation.

A small conclusion meeting was organized by the NSS programme officer. Volunteers shared their views about the NSS camp and all of them said that they really felt that they should do something to improve the life of villagers. And also they said that they felt some sort of togetherness and experienced the human values.

## 10-03-2018

After the usual routine, Mr.B.Babu the NSS program officer addressed the volunteers about their efforts and service during the camp. The camp ended with an small valedictory function. Forest range officer and retired forest officer Mr.Gunasekaran were the guests. Mr.B.Babu thanked the forest authorities for supporting for stay and the village society president Mr. Mani for extending the support for smooth conduction of the camp. He also extended his gratitude to the tempo driver Mr.Selvam for the service he rendered. The NSS unit started their departure by early afternoon to the college.

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## University Department, JSS AHER Mysuru

### NSS Special camping activities

**Dates** : from 19.03.2018 to 25.03.2018

**Name of the village** : Belagola village, Srirangapatna Taluka

**Programme list**

Day/Date	Morning session	Afternoon session
Day 1 19/03/2018 Monday	Nil	Inauguration
Day 2 20/03/2018 Tuesday	Interaction with the villagers Rally on Hand sanitization	Interaction with Faculty members of Faculty of Life Sciences
Day3 21/03/2018 Wednesday	Rally on HIV/AIDS prevention	Street Play on awareness related to HIV/AIDS
Day 4 22/03/2018 Thursday	Blood sugar and BP Checkup Awareness on Poisoning	Cleaning activities near the convention hall
Day 5 23/03/2018 Friday	Dental Camp	Group Discussion
Day 6 24/03/2018 Saturday	Medical Camp	Debate on "India's growth after 5 years"
Day 7 25/03/2018 Sunday	Valedictory Function	



## Programme Outcomes

Day /Date/Time	Name of the programme	Number of beneficiaries	Approximate outcome of the programme
Day 2 Tuesday 20/03/2018 9am to 2 pm	Interaction with villagers Rally on Hand Sanitization	100	
Day 3 21/03/2018 Wednesday 9am to 1pm	Rally on awareness of HIV/AIDS: Its causes, symptoms, and management	200	4000
Day 3 21/03/2018 Wednesday 9am to 1pm	Street Play on topics like HIV/AIDS awareness and Patriotism	500	10,000
Day 4 22/03/2018 Thursday	Blood sugar and BP Checkup Awareness on Poisoning	200	10,000
Day 5 23/03/2018 Friday	Dental Camp	220	11,000
Day 6 24/03/2018 Saturday	Medical Camp	400	60,000
Total		1520	95,000

**Day wise detailed narrative report, Scanned copies of the News Paper reports and action photos**

ಸ್ವಾಸ್ಥ್ಯ - ಸಾಕ್ಷರತಾ - ಶ್ರಮದಾನ - ಸೌಹಾರ್ದತೆ - ಭೃತ್ಯತ್ವಕ್ಕಾಗಿ  
ಯುವಜನ ಸೇವಾ ಶಿಬಿರ

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**ಜಿ ಎನ್ ಎಸ್ ಅಕಾಡೆಮಿ ಆಫ್ ಹೈಯರ್  
ಎಜುಕೇಷನ್ & ರಿಸರ್ಚ್**  
ಡಿಪಾರ್ಟ್‌ಮೆಂಟ್ ಆಫ್ ವಾಟರ್ ಅಂಡ್ ಹೆಲ್ತ್  
ಫ್ಯಾಕಲ್ಟಿ ಆಫ್ ಲೈಫ್ ಸೈನ್ಸಸ್  
ಮತ್ತು  
ಡಿಪಾರ್ಟ್‌ಮೆಂಟ್ ಆಫ್ ಹೆಲ್ತ್ ಸಿಸ್ಟಂ ಮ್ಯಾನೇಜ್‌ಮೆಂಟ್ ಸ್ಟಡೀಸ್  
ಶ್ರೀ ಶಿವರಾತ್ರಿಶ್ವರ ನಗರ, ಮೈಸೂರು - 570 015  
ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆ (ಎನ್.ಎಸ್.ಎಸ್.)  
ಗ್ರಾಮೀಣ ಪುನರ್‌ನಿರ್ಮಾಣದಲ್ಲಿ ಯುವಕರ ಪಾತ್ರ  
ವಾರ್ಷಿಕ ವಿಶೇಷ ಶಿಬಿರ  
**ಆಹ್ವಾನ ಪತ್ರಿಕೆ**  
19-03-2018 - 25-03-2018  
ಸ್ಥಳ : ಬೆಳಗೊಳ ಪಂಚಾಯಿತಿ ಶ್ರೀರಂಗಪಟ್ಟಣ ತಾಲ್ಲೂಕು  
ಶ್ರೀಮತಿ / ಶ್ರೀ.....  
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**ಆತ್ಮೀಯ ಸ್ವಾಗತ ಬಯಸುವವರು**  
ಪ್ರೊ. ಜಿ.ಕೆ. ಚಂದ್ರಶೇಖರಪ್ಪ  
ಶಿಬಿರ ನಿರ್ದೇಶಕರು  
ಡಾ. ದತ್ತಾತ್ರೇಯ.ಕೆ.ನಾಗೇಶ  
ಶಿಬಿರ ಉಪನಿರ್ದೇಶಕರು  
ಡಾ. ಹೆಚ್.ಕೆ. ಮಮತಾ  
ಶಿಬಿರ ಉಪನಿರ್ದೇಶಕರು  
ಶಿಬಿರಾಧಿಕಾರಿಗಳು  
ಡಾ. ರಘು ರಾಮ್ ಆಚಾರ್  
ರಾ.ಸೀ.ಯೋ. ಕಾರ್ಯಕ್ರಮ ಅಧಿಕಾರಿಗಳು  
ಡಿಪಾರ್ಟ್‌ಮೆಂಟ್ ಆಫ್ ವಾಟರ್ ಅಂಡ್ ಹೆಲ್ತ್  
ಫ್ಯಾಕಲ್ಟಿ ಆಫ್ ಲೈಫ್ ಸೈನ್ಸಸ್  
ಸಹ ಶಿಬಿರಾಧಿಕಾರಿಗಳು  
ಶ್ರೀ ರೋಷನ್ .ಕೆ  
ಡಿಪಾರ್ಟ್‌ಮೆಂಟ್ ಆಫ್ ಹೆಲ್ತ್ ಸಿಸ್ಟಂ  
ಮ್ಯಾನೇಜ್‌ಮೆಂಟ್ ಸ್ಟಡೀಸ್  
ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆ ಶಿಬಿರಾಧಿಕಾರಿಗಳು ಹಾಗೂ ಸಿಬ್ಬಂದಿ ವರ್ಗ

**NSS Annual Special Camp was conducted at Belagola, Srirangapatna Taluk**

The camp began with inauguration in the presence of the village dignitaries and NSS Programme Coordinator, Dr. KL Krishna on 19<sup>th</sup> of March 2018. The students were accommodated for stay at Sri Anjaneya Convention Hall.

Day-2 began with flag hoisting. Students, after completing their breakfast headed towards the streets of the village interacting with the villagers informing them about the camp activities to be held for the next five days. Later in the evening, the students practiced for skits on HIV/AIDS awareness. There was interaction session with the faculty members of Dept. of Water and Health, viz., Dr. Shanmukappa, Dr. Gopenath, Dr. Kanthesh, Dr. Kumar JR, Dr. Chandan, Dr. Shivaraju, Dr. Lingaraju, and Dr. Kiran Kumar who motivated the students to create an impact in the social service.

On day 3, Students took to streets the procession carrying the flyers for HIV/AIDS awareness and Awareness on Hand washing techniques.

Students visited anganwadis and explained the kids about the importance of hand washing. The evening session included the street play which was organized in near the weekly Wednesday market of Belgola near the Primary Health Care Centre. The students performed their skits on stage and educated the villagers on the HIV/AIDS related issues as per the directions given by NACO (National AIDS Control Organisation). The students also performed acts on overuse of mobiles and sung NSS song.

On day 4, Blood sugar-BP Checkup and awareness on poisoning were organized. The session was carried out by the Department of Pharmacy Practice of JSS College of Pharmacy. The students also performed cleaning activities near the convention hall and temple premises.

On day 5, Dental camp was organized. The doctors and interns from JSS Dental College & Hospital carried out the screening and treatment. A group discussion was held for all the volunteers in the evening session.

On day 6, Medical camp was organized. The doctors from JSS Medical Hospital were involved in the health checkup. Around 200 villagers and 50 school children were screened and given medicines and prescription as per the requirement. The Division of Nutrition & Dietetics of Dept of Water and Health provided consultation to the villagers regarding the nutritional aspect for their health condition. They also calculated the BMI index of the individuals.

Later in the evening, a debate on "India's growth after 5 years" was organized and student participated actively in the programme. The day ended with shibirajyoti.

Day 7, was the last day of the camp and a valedictory session was organized and the best volunteers of the camp were felicitated. The committee members of the Convention Hall were felicitated and a wall clock was provided as a token of gratitude.











Dignitati





NSS Song being sung in chorus



## Day 2:





















Day 3:



































## Day 4















Day 5:









Day 6:

















Day 7:

















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